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Path – Physicopractice – General information

Path – Physicopractice combines in its program and concepts, western theory and sciences in an unique intervention system for the areas of health prevention, health related quality of life advice and development advancement of children with help from the parents

According to physicopractic, the meaning of health is defined. Every person has a quality of life when they are healthy according to this meaning. This shows in a lust for life, vitality, well being and an enjoyment of challenges.

The Path system is an applied system which is tuned to the client and mutually agreed. All relevant environmental conditions and individual circumstances are taken into account. A relationship develops between practitioner and client, based on trust, willingness to co-operate, reliability from both parties and conviction.

Application:

Path Physicopractice is substance conservation and style. We treat people as individuals, respecting their dignity. A requirement for an optimum quality of life is health.

Package:

Our services are based on a synthesis between classical Chinese medicine and modern science, which are combined into a new psycho-socio-bio-functional model.

A comprehensive investigation of the clients, their surroundings and what they do, is a requirement, in order to allow an intervention and achieve a better standard. This intervention is checked and documented for every application. These applications are only administered by certified Physikopractitioner, Pädiapractitioner and Phänopractitioner. All programs show effect through regular utilization.

Note: Please note, that none of the programs or concepts develop or replace medical science!

Application for athletes:

Physicopractice is basically a stimulus, movement and consulting program, using the hands, physical aids, as well as talks, for health promotion, health care and health aftercare.

The program works especially with regular application and is based on the concepts of Tuinapraktik und Physio-Akupunkt-Therapie. All the techniques used are scientifically researched but are, after intensive analysis, separated, harmonised and re-combined. The applications stimulate a reaction and a "re-tuning" of the organism. In this way, the adaptation to changes in the atmosphere (weather), location, psyche and social contacts is promoted.

The for athletes, vitally important vitality and regeneration ability is improved. The aim is to maintain the performance and health and reduce the risk of injury.

Application and supervision of the athletes during the Para Ski World Cup 2009 in Donnersbachwald:

During the whole competition, each team has a trained physico-practitioner available.

The athletes are treated on the morning of the competition, during the day, e.g. before a ski race or between races, as well as between jumps and in the evening after the days competition. Thereby, the actual condition and the situation of the athlete is considered in order to offer the best treatment.

The aim is to maintain the performance and health and reduce the risk of injury.

In the morning and in the evening the treatments will be held in the accommodation of the teams.

Note: Please note, that none of the programs or concepts develop or replace medical treatment. If medical treatment is required, a doctor must be consulted.

Research project during the world cup:

The supervision offer supports a research project. In order to acquire and use the data, it is necessary to complete a questionnaire before the start of the competition, on the second day and after the competition. We ask the athletes to co-operate in this matter. The time required is approx. 15 minutes. This data is naturally confidential. In this way, the research into refreshment, re-vitalisation and health development of athletes can be supported. The results of the scientific evaluation will be published and if required, presented.

Questions:

For special questions please contact this address: linz@physikopraktik.com

Further Informations: www.physikopraktik.com

www.abv-path.at

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The physico practitioners are pleased to be able to support their teams during the world cup!

